



# Injury Free Nova Scotia Annual Report 2016/2017



**Our Vision: Nova Scotia free of serious and fatal injuries**

## Background

IFNS was formed in 2006 because of concern with child and youth ATV injuries and deaths in Nova Scotia. It grew as a grassroots, provincial voice supporting evidence-based healthy public policy over a diverse range of serious injury issues. Some top areas of our focus for 2016/2017 were the following:

Road Safety, Suicide Prevention, Alcohol, Cannabis, Gambling, Falls Prevention



Injuries cost Nova Scotians \$790 Million dollars annually according to Parachute's 2015 Report, The Cost of Injury in Canada.

We have much work ahead.



## 2016/2017: A Year of Investment in our Foundation

April  
Facilitated Strategic  
Planning

December - March  
Board Recruitment and development  
New Mission, Vision and Approach

July - December, sensing the provincial pulse  
Hosting Cannabis Legalization Conversations in  
Middleton, New Glasgow, Halifax  
Sydney, Liverpool



Staff for 2016/17

Shirley Burdock  
Executive Director



Volunteer Board for 2016/2017

Dr. Natalie Yanchar, Dan Steeves, Beth Gillis  
Jenna Hopson, Christine Eisan  
Sarah Hergett, Dr. Matt Bowes, Felicia Rushton

**INJURY FREE**  
NOVA SCOTIA

[www.ifns.ca](http://www.ifns.ca)